

# Adelle Friesen

2296 Kugler Avenue • Coquitlam, B.C. Canada V3K 2S7 • 604.931.6696 • [www.adelle.ca](http://www.adelle.ca) • [af@adelle.ca](mailto:af@adelle.ca)

**Education: Simon Fraser University 2004**

B.A. Major: Geography

B.Ed. Minors: Environmental Education & Learning Disabilities

**Douglas College 2001**

Associate Degree: History & Anthropology

**Employment:** Currently employed as a Grade 8 Math & Science Teacher

School District # 43 Coquitlam

550 Poirier Street Coquitlam, B.C. Canada V3J 6A7

**Teaching  
Experience  
at SD # 43:**

Geology 12; Math 4 - 9; Science 4 - 9; Humanities 4 - 9; Phys. Ed. 4 - 8;  
Student Services & Teacher-on-Call (2004 - present)

**Foundations  
Tutoring:**

Independent Community Tutor specializing in students with Learning  
Disabilities (1999-2005)

**Douglas College  
Co-Op:**

Department of Indian Affairs & Northern Development  
Research and Database Clerk : Funding Services for Education (1999)

**Self - Employed:**

Partner in managing 3 retail sporting goods stores. (1992 - 1999)

**Special  
Skills:**

Computer Skills (Mac/MS/Web/MS Office/WordPress)

Professional Teaching Certificate - B.C. College of Teachers

SFU - International Teacher Education Module: Oaxaca City, Mexico

ESL International Teaching Experience

Montessorri Teaching Experience

Standard First Aid CPR Level C & Occupational Health & Safety (expired)

Mother and Domestic Specialist

**Spare Time  
Interests:**

Sports, Travel, Cinema, Music, Art, Education, Gardening

**Travel  
Experience:**

Europe, North America, Central America, South Pacific Islands

**Teaching  
Philosophy:**

Awaken Creativity through Exploration, Observation and Experience

Cultivate Confidence and Curiosity

Foster Community through Friendship, Family & Fun

**Volunteer  
Experience:**

**Coaching:**

Field Hockey, Soccer, Hockey, Rugby, Baseball

**Community Organizations:**

SFU Summer Reading Program (Early Literacy Skill Development)

CMHA & CMSA (Minor Hockey & Soccer)

Greater Vancouver Regional District: Environmental Education Programs

Surrey, North Vancouver and Coquitlam School Districts: Classroom Assistant